



# Fitness and Dance

## 2012 OPEN DAY

St Catherine's Anglican Church hall, MacFarlane St  
Middle Park.

9.30	Performance team demonstration
9:45	Dance Class Ages 5—9
10.05	Cheerleading demonstration
10.15	Cheerleading Class All ages
10.35	Performance team demonstration
10:40	Dance Class ages 10 and Up
11.00	Performance team demonstration
11.10	Hip Hop Class All ages



**Saturday 28th January**

**Come and Check out our new classes for 2012!**

- **Get Active at Fitness and Dance**
- **Great way to meet new Friends**
- **Only Pay on days of attendance**



For More Information Please Phone  
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